

Eczema

Eczema is a form of dermatitis or inflammation of the epidermis. The term eczema is broadly applied to a range of persistent skin conditions. These include dryness and recurring skin rashes which are characterized by one or more of these symptoms: redness, skin edema (swelling), itching and dryness, crusting, flaking, blistering, cracking, oozing, or bleeding.

Areas of temporary skin discoloration may appear and are sometimes due to healed lesions, although scarring is rare. In contrast to psoriasis, eczema is often likely to be found on the flexor aspect of joints.

Homeopathic Medicine for Eczema

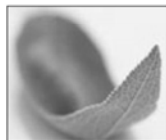
Because you are a unique individual, your eczema will likely be different from that of another sufferer. Some people feel they have to scratch until their skin bleeds; other people experience cracking skin that oozes a clear or yellow fluid. Some people have solid little bumps; others have vesicles filled with fluid and yet others develop crusts and scabs. Where the eczema appears on your body will also be individual. Some people only experience it on their arms and legs; others have it around their ears, and on their necks, backs, and buttocks.

How you respond to the eczema, its appearance, its location on your body, and the type of discomfort you feel when you scratch are important in determining the correct homeopathic remedy.

In addition, your homeopath will ask you about your responses to weather, your sleep patterns, and your food aversions. He or she will also want to know about any traumatic events you may have experienced. The remedy chosen will not only relieve your itchy skin, but give you an overall feeling of well-being.

Proper nutrition and diet is very important in the relief of eczema symptoms. Remedies that have been known to alleviate the symptoms of eczema and cure are. Sulphur, Psorinum, Graphities, Mezereum, Rhus tox and Nat Mur

*Healing through
Homeopathy*



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